



Name \_\_\_\_\_

**Pre - Nursery**

**SUMMER SPLENDOUR**  
**2026**



## GUIDELINES FOR SUMMER BREAK

- ◆ Enjoy the morning breeze, say hello to the rising Sun, smell the flowers around you, hear the chirping birds and feel the morning dew.
- ◆ Develop good eating habits, for healthy body and healthy mind. Eat lots of fruits and green salad.
- ◆ Keep yourself fit and active, perform yoga and fun exercises with your family members.
- ◆ Spend valuable time with your grandparents, listen to interesting stories or tales they share with you.
- ◆ Surprise your Mom by doing your tasks yourself, by helping her in the kitchen and by putting on your apron to serve her with a delicious dish.
- ◆ Drink eight glasses of water every day and enjoy different kinds of non-aerated drinks.
- ◆ Laughter is the best medicine- Laugh out loud with family everyday.
- ◆ Try to make your own bed, clean up your toys after playing, take care of your belongings.
- ◆ Use magic words; Hello, pardon, sorry, thank you, may I help you.
- ◆ When our little ones do something independently, it gives them a great sense of pride and joy.

In order to make our tiny tots self-sufficient let us encourage them to do the following preliminary exercises which will help the child to gain independence and lay a strong foundation for advanced skills involving coordination, concentration, abstract thinking:

- ◆ Brush your teeth twice a day.
- ◆ Take a bath daily.
- ◆ Wash your hands before and after every meal.
- ◆ Learn to wear your socks and shoes.
- ◆ Learn how to button and unbutton your shirt.

Let's see your creativity!



# HAND-EYE COORDINATION

Children are encouraged to try the following exciting activities at home. Click photographs while your child enjoys doing them and make a beautiful collage of all the activities. 📷❤️

## Activities to Try:

- Threading beads in a string
- Stacking blocks or cups
- Sorting buttons by colour
- Tearing and pasting paper
- Transferring water with a sponge
- Building towers using paper cups
- Picking pom-poms with tongs
- Solving simple puzzles



## GOOD HABIT CHAMPIONS!

🌈 Say "Please", "Sorry" and "Thank You" politely

🧸 Keep toys back in place after playing

🧺 Fold your handkerchief neatly

💧 Drink water regularly throughout the day

🍴 Eat meals without watching TV/mobile

👱 Comb your hair independently

👟 Keep your shoes in the proper place

🏠 Help parents in small household tasks

📷 Parents can click a few photographs of children practicing these habits and appreciate their efforts with lots of smiles and hugs! 😊

## LITTLE CATERPILLAR!

Paste colourful pom poms in a line to make a caterpillar.

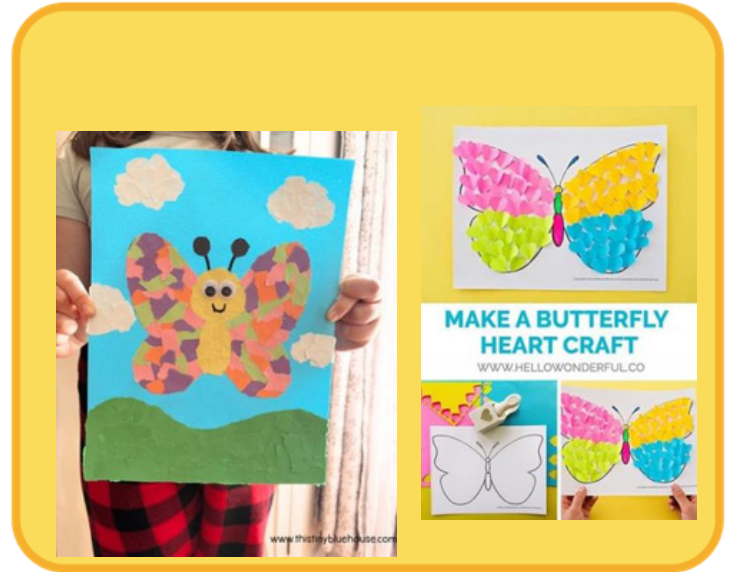
Add eyes or draw a happy face.

Decorate the background with flowers, grass or anything creative.



# TEAR AND PASTE TO MAKE A BUTTERFLY

Take small pieces of coloured paper and tear them and tear them.  
Apply glue carefully and paste the torn pieces inside the butterfly wings.



## Happy Father's Day

HAPPY  
FATHER'S  
DAY!



**Let's make a special crown for our superhero dads this Father's Day!**



# Let's make a Leafy YOU!

Take a printout / photo of your child's face and paste it neatly in the space given below. Children can use different shapes and colors of leaves to make their hair style unique and colorful. 😊





# LET'S MAKE YUMMY MANGO SHAKE



**GET READY LITTLE CHEFS PUT ON YOUR CHEF CAPS**

- Wash your hands properly.
- Peel and cut the mango with the help of an adult.
- Put mango pieces, milk and sugar / honey into a mixer.
- Blend it nicely until smooth and creamy.
- Add ice cubes and enjoy your refreshing Mango Shake!
- Don't forget to click pictures.



# SQUISHY WATERMELON BAG

🍉 Take a zip-lock pouch / plastic pouch and fill it with hair gel or thick liquid soap.

◆ Add a few drops of red paint and black paper seeds or black buttons to make it look like watermelon seeds. ●

◆ Seal the pouch tightly with tape so nothing spills out.

◆ Cover the pouch with red and green craft paper/sheets to give it a cute watermelon look.





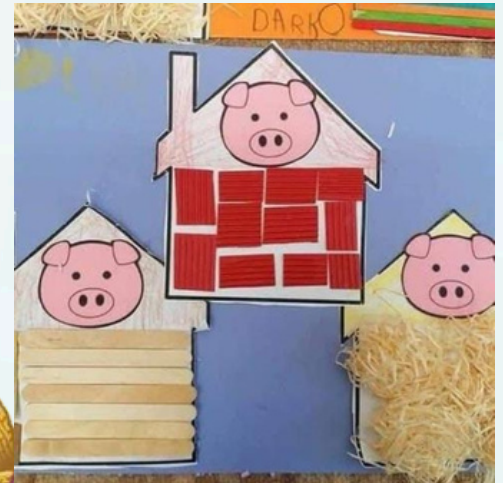
# STORY TIME



Listen to the story of the three Little Pigs and try to narrate the same to everyone in the house. make any one creative craft related to it!

You may create:

- Piggy pencil holder 🐷
- A house made of straw/sticks/bricks 🏠
- Finger puppets 🖐️
- Story Scene Collage



# CALM DOWN YOGA

Let's have fun with positive words and super cool Yoga poses!



◆ Children will stand confidently and say these special sentences aloud:

- I am strong! 💪
- I am kind! ❤️
- I am brave! 🦺
- I am friendly! 🤝
- I am wise! 🧠



Along with each sentence, children will make the pose shown in the picture.



**I am strong.**



**I am kind.**



**I am brave.**



**I am friendly.**



**I am wise.**

